

What a way to Start the day

breakfast 7am till 12pm

homemade macadamia organic muesli
served with yoghurt and berries GF 9.90

toast

served with butter and a choice
of jam or vegemite GF 4.50

toasted banana, pear & raspberry,
mango and coconut bread

with butter 5.90

with berries & yoghurt 8.90

fruit toast

with butter 6.50

with berries & yoghurt 9.50

french toast

served with maple syrup with your
choice of bacon or berries 15.00

bacon berries & maple 16.50

3 egg omelettes (served with toast)

aussie mushroom, tomato & cheese 14.50

greek spinach & feta 14.50

spanish tomato, capsicum, red onion
chorizo & cheese 15.50

eggs on toast

2 fried or poached 9.50

with bacon 12.50

scrambled 3 eggs 10.50

with bacon 13.50

eggs benedict

poached eggs, shaved ham

resting on english muffin

drizzled with hollandaise 15.50

eggs florentine

poached eggs, on bed of spinach

resting on english muffin

drizzled with hollandaise 16.50

eggs royale

poached eggs, on bed of spinach and
salmon

resting on english muffin

drizzled with hollandaise 18.90

scrambled del-mar

3 eggs scrambled with smoked salmon, sour
cream, red onion, tomato and spinach served
with toast 19.00

avocado smash

smashed avocado, lime juice, feta, coriander and
mint with fresh tomato, spinach & poached egg
served on sour dough 14.90

smash deluxe

smashed avocado, lime juice, feta, coriander and
mint with fresh tomato topped with
caramelised hand cut mid loin bacon, 2 poached
eggs & dukkha 19.90

veggie revelry (ratatouille style)

tomato, pan fried mushrooms, chickpea,
zucchini, red onion and spinach served with
toast 18.00

new york brekky

scrambled eggs with smoked salmon,
Philly, capers, dill on bagel 14.90

kids' brekky

poached, scrambled or fried egg

served with bacon on a muffin 8.00

pancakes

berry surprise served with yoghurt and
wild berry compote 11.50

3 pancakes served with maple syrup & butter or
ice cream 11.50

breakfast focaccia

egg, bacon, cheese and h/m chutney
with barbecue sauce 11.00

extras

homemade baked beans 1ge 7.00 sml 4.00

bacon 3.80

tomato's 3.00

chipolatas 3 in serve 3.80

pan fried mushrooms 3.00

baby spinach 3.00

smoked salmon 4.80

hollandaise sauce 2.00

hash brown 2.00

hollandaise and compote made in house